Urgent care now available through Doctor On Demand for Active Duty Service Members (ADSM) in North Carolina

Humana Military and Doctor On Demand are partnering to provide ADSMs in North Carolina urgent care treatment.





Military hospitals and clinics in North Carolina can refer ADSMs to Doctor On Demand to receive urgent care 24/7 for these symptoms and conditions:

- Asthma and allergies
- Cold and flu
- Couah
- COVID-19
- Headaches and migraines
- Irritable Bowel Syndrome (IBS) Urinary Tract Infection (UTI)
- Joint pain

- Nausea and vomiting
- Sexually Transmitted Infection (STI)
- Sinus infections
- Skin rashes and other skin conditions
- Stress



## Doctor On Demand urgent care **cannot** treat:

- Broken bones
- Chest pains or numbness
- Ear infections
- Loss of consciousness
- Severe burns or lacerations
- Traumatic brain or spinal injury
- · Vomiting or coughing blood

Referral requirements for telemedicine are the same as those for in-person visits. Providers, please include Doctor On Demand on the referral when submitting for ADSM.

## **Telemedicine resources**

## **TRICARE.mil**

## **Telemental health benefit**

**TRICARE.mil** HumanaMilitary.com



